



DIABETES TOOLKIT

DIABETES FAST FACTS – GENERAL POPULATION

Prevalence

- In the U.S., there are 23.6 million children and adults who have diabetes, of this number; 5.7 million are undiagnosed cases of the disease.
- 57 million Americans have a condition known as “pre-diabetes,” which can lead to developing type 2 diabetes.
- Type 2 diabetes accounts for 90 – 95 percent of all diagnosed diabetes cases.
- Almost 25 percent of the population aged 60 and older have diabetes.
- By 2050, an estimated 48 million Americans will be diagnosed with diabetes.
- At least 171 million people worldwide have diabetes; this figure is likely to be more than doubled by 2030.

Diabetes Complications

- Diabetic foot disease, due to changes in blood vessels and nerves, often leads to ulceration and subsequent limb amputation. Diabetes is the most common cause of non-traumatic amputation of the lower limb.
- Diabetes is the most frequently reported cause of kidney failure in the U.S.
- Diabetes is a major contributing factor in heart disease and stroke. Diabetes can lead to the hardening of arteries which can cause blood vessels in the heart to narrow or clog up completely.

Mortality Rates

- Diabetes is the sixth leading cause of death in the U.S. behind heart disease, cancer, stroke, chronic lower respiratory diseases, and accidents (unintentional injuries).
- Around 3.2 million deaths every year are attributable to complications of diabetes; six deaths occur every minute.
- More than 130,000 people in Utah have diabetes, resulting in more than 20,000 hospitalizations, and 1,000 deaths each year.
- More than 29,000 people in North Dakota have diabetes, resulting in more than 9,400 hospitalizations, and 665 deaths each year.

Economic Costs

- In 2007, the total annual economic cost of diabetes was estimated to be \$174 billion. Medical expenditures totaled \$116 billion and were comprised of \$27 billion for diabetes care, \$58 billion for chronic diabetes-related complications, and \$31 billion for excess general medical costs.
- Approximately one of five healthcare dollars in the United States is spent caring for someone with diagnosed diabetes.
- The total cost of diabetes for people in California in 2006 was estimated to be \$24.42 billion.

Sources:

American Diabetes Association – <http://www.diabetes.org/>

Agency for Healthcare and Research Quality – <http://www.ahrq.gov/>

Centers for Disease Control and Prevention – <http://www.cdc.gov>

Robert Wood Johnson Foundation – <http://www.rwjf.org/>

United States National Center for Health Statistics – <http://www.cdc.gov/nchs/>

World Health Organization – <http://www.who.int/en/>

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