



MENTAL HEALTH TOOLKIT

MENTAL HEALTH RESOURCES

For more information on mental health, please visit the following websites:

Government Resources

- Substance Abuse and Mental Health Services Administration – <http://www.samhsa.gov>
 - Homelessness Resource Center – <http://homelessness.samhsa.gov>
- Centers for Disease Control and Prevention (CDC) – <http://www.cdc.gov>
- Department of Health and Human Services (HHS) – <http://www.hhs.gov>
 - The Office of Minority Health – <http://minorityhealth.hhs.gov>
 - Mental Health and Traumatic Events – <http://www.hhs.gov/mentalhealth>
 - Agency for Healthcare Research and Quality (AHRQ) – <http://www.ahrq.gov>
 - Center for Medicare and Medicaid Services (CMS) – <http://www.cms.hhs.gov>
 - Mental Health Services – <http://www.cms.gov/MHS>
 - National Institute of Mental Health (NIH) – <http://www.nimh.nih.gov>
 - Medline Plus – <http://www.nlm.nih.gov/medlineplus/mentalhealth.html>
- Indian Health Service (IHS) – <http://www.ihs.gov/MedicalPrograms/Behavioral>
- Office of Minority Health Resource Center (OMHRC)– <http://www.omhrc.gov>

Professional Association and Foundation Resources

- National Mental Health Association – <http://www.nmha.org>
- National Alliance on Mental Illness – <http://www.nami.org>
- American Mental Health Counselors Association – <http://www.amhca.org>
- National Association of Mental Health Planning and Advisory Council – <http://www.namhpac.org>
- National Council of Community Behavioral Healthcare – <http://www.thenationalcouncil.org>
- The Mental Health Foundation – <http://www.pawsforacause.net>
- American Mental Health Foundation – <http://americanmentalhealthfoundation.org>
- Hogg Foundation for Mental Health – <http://www.hogg.utexas.edu>
- Geriatric Mental Health Foundation – <http://www.gmhfonline.org>
- Mental Health in Corrections Consortium – <http://www.mhcca.org>
- American Mental Health Alliance – <http://www.americanmentalhealth.com>
- American College of Mental Health Administration – <http://www.acmha.org>
- American Psychotherapy Association – <http://www.americanpsychotherapy.com>

Constituent Resources

- National Mental Health Consumer's Self-Help Clearinghouse – <http://mhselfhelp.org>
- MentalHelp.Net – <http://www.mentalhelp.net>